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| **Lesson #** | **Grade 1** |
| **1** | and, be, help, play, with, you  |
| **2** | for, have, he, look, too, what |
| **3** | do, find, funny, sing, no, they |
| **4** | all, does, here, me, my, who |
| **5** | friend, full, good, hold, many, pull |
| **6** | away, call, come, every, hear, said |
| **7** | animal, how, make, of, some, why |
| **8** | her, now, our, she, today, would |
| **9** | after, draw, pictures, read, was, write |
| **10** | eat, give, one, put, small, take  |
| **11** | blue, cold, far, little, live, their, water, where |
| **12** | been, brown, know, never, off, out, own, very  |
| **13** | down, fall, goes, green, grow, new, open, yellow |
| **14** | four, five, into, over, starts, three, two, watch |
| **15** | bird, both, eyes, fly, long, or, those, walk  |
| **16** | around, because, before, bring, carry, light, show, think |
| **17** | about, by, car, could, don’t, maybe, sure, there |
| **18** | first, food, ground, right, sometimes, these, under, your |
| **19** | done, great, laugh, paper, soon, talk, were, work |
| **20** | door, more, mother, old, try, use, want, wash |
| **21** | few, night, loudly, window, noise, story, shall, world |